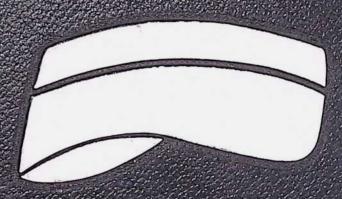
The

White

Cap



1963

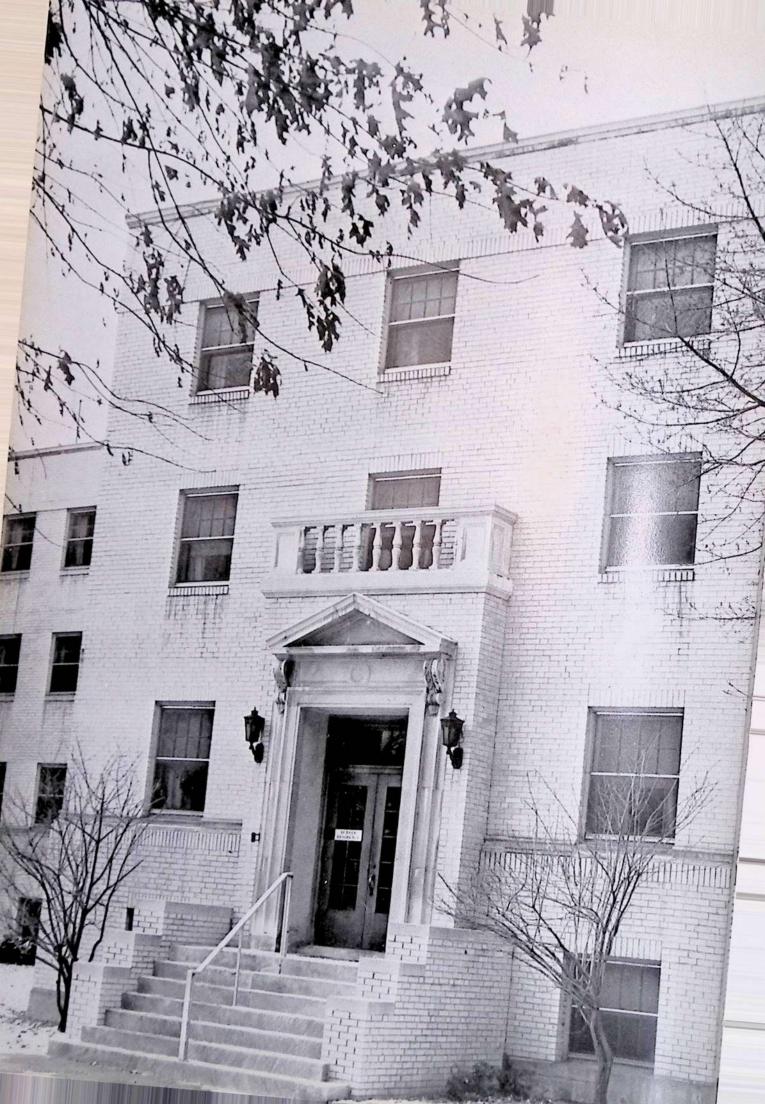
THE SENIOR CLASS
of ALLEGHENY VALLEY HOSPITAL
NATRONA HEIGHTS, PENNSYLVANIA
PRESENTS

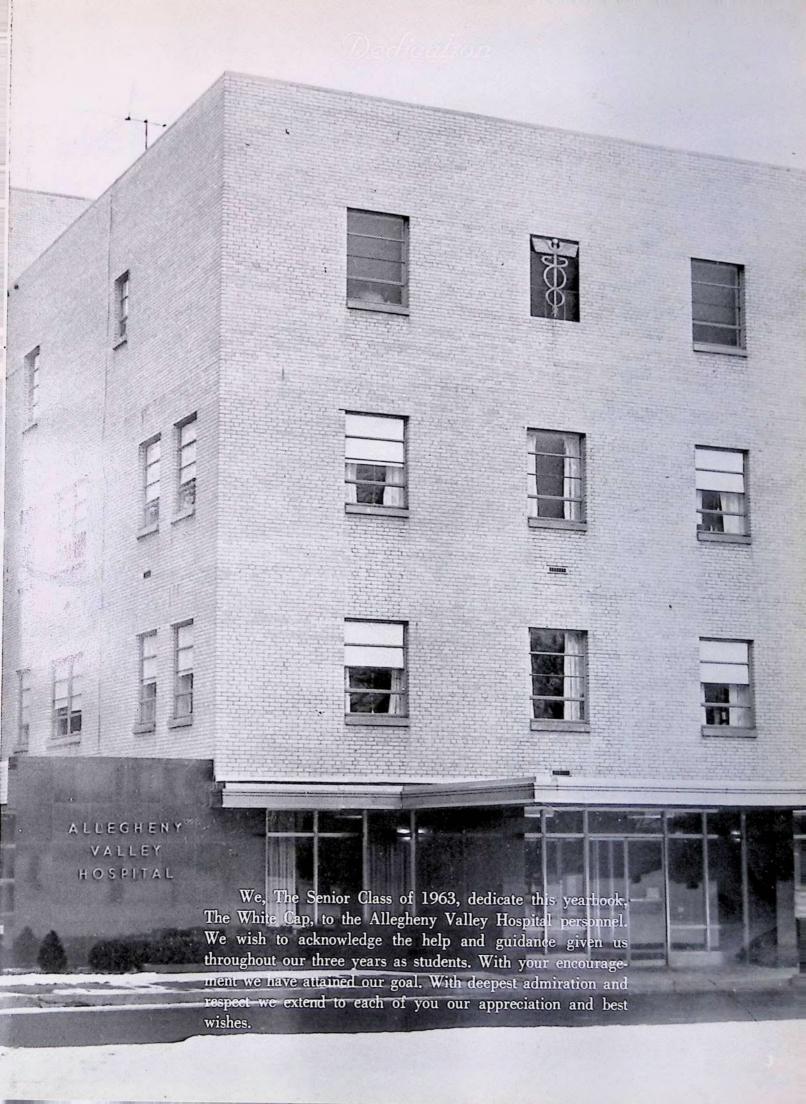
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1963





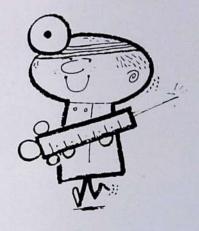
A PRAYER FOR NURSES

Help us, O Lord, to worthy be
Of our consecrated ministry.
Grant us love and sympathy,
Grant us faith and loyalty.
Help us, Lord, to understand,
Guide thou, Lord, our heart and hand.
Help us, Lord, to ease the pain;
Strengthen us that we may gain
Power to comfort, power to cheer,
Power to drive away all fear.
Help us all our tasks to bear.
Hear us, Lord, in this our Prayer.

Amen

By Ralph S. Fisher









Administration



MISS MARGARET L. ANDERSON R.N., B.S.N., M.Litt. Director of Nursing



MRS. JUNE BISSELL R.N., B.S.N. Associate Director of Nursing Education



MRS. HANNAH McCORMICK R.N., B.S.N.E. Associate Director of Nursing Service

Faculty

In order to maintain the highest possible standards of nursing education, the faculty of AVH has given of their time and abilities to direct us in our learning experiences, so that we may function adequately in our future years as professional nurses.

We wish to thank the faculty for their advice and guidance throughout our three years of student life.



SEATED: Mrs. R. Cromie, Miss S. Trout, Miss I. Harvey, Mrs. M. A. English, Mrs. S. Slomka, Mrs. D. Dvorak, Miss M. Anderson, Mrs. J. Bissel.
STANDING: Mrs. E. Karrs, Miss M. Sypucinski, Mrs. L. Kipp, Mrs. R. Bologna, Miss S. Coll, Mrs. H. McCormick.

Head Nurses and Supervisors



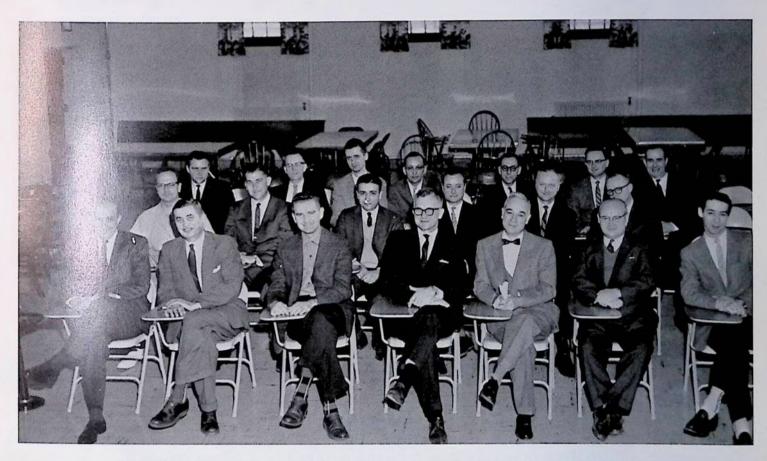
SEATED: Mrs. N. Shick, Mrs. R. Albaugh, Mrs. L. Smay, Mrs. J. Winkler, Mrs. L. Shick.
STANDING: Miss G. Michaels, Miss F. Bunting, Mrs. M. Celko, Mrs. M. Faustin, Mrs. F. Rubright, Mrs. E. Retzer, Mrs. I. Smith, Mrs. I. Crytzer.

Alumnae



Medical Staff

In the clinical area as well as in the classroom, the staff at Allegheny Valley Hospital have shared with us just a part of their vast skill and knowledge. We have always looked to our doctors and appreciated their words of advice and encouragement. We wish to express our appreciation to the members of the Allegheny Valley Hospital Medical Staff for their contributions which we will remember and use throughout our nursing careers.



FIRST ROW: Doctors J. Pacek, F. X. Bauer, S. Carpenter, F. Muchalado, G. Jacques, S. Miller, J. Allman.
SECOND ROW: Doctors G. Edmonston, W. Gillinger, A. Bruno, J. Schied, G. Gleason, J. Brandon. THIRD ROW: Doctors D. Schaub, H. Hotham, R. Wilson, J. Bauer, R. Yanchus, A. Fetchko, C. Rollins.

Administration



The Board of Directors and Management of the hospital wish the very best of success and happiness to all members of the graduating class in both your professional and personal lives. We feel that we certainly have gained something of value from each one of you during your three years of training, and it is my hope that each one of you may feel a sense of personal satisfaction and accomplishment in your training. Your continued loyalty to the hospital and your alumnae association will be deeply appreciated.

John B. Wichardron

Board of Directors



SEATED: J. C. Ogle, T. Collie, V. J. Roll, W. E. Groves.
STANDING: W. E. Caugherty, F. G. Benford, D. M. Ralston, R. C. Perry, C. W. Young, E. L. McGraw, L. C. Hicks.

Personnel



SEATED: Mrs. A. Muchlado, Accounting Department.
STANDING, left to right: Mr. E. Morrone, Credit Manager; Miss N. Rzeczkowski, Purchasing Agent; Mr. E. Bevilacqua, Assistant Administrator.

Nursing School Committee



SEATED, left to right: Miss R. Brestensky, Mrs. G. Parfitt, Mrs. J. Bissell, Miss M. Anderson.
STANDING, left to right: Mr. R. Marshall, Mr. G. Stuart, Mr. J. Richardson, Dr. H. Fishkin, Mr. D. Ralston.



Mrs. M. McCafferty, Mrs. A. Dickey, Mrs. C. DeClare, Miss R. Brestensky.

Secretaries

Helping with all class projects and keeping general order are a few of the tasks done so well by our secretaries.

We, the class of '63, wish to thank them for their assistance.

Housemothers

Whether it is for stamps, nylons, candy or just some motherly advice and encouragement, our housemothers are always available. Sharing our defeats and enjoying our few and far between triumphs, they have helped many of us pass over periods of bewilderment which seem to overwhelm us at times.

We, the class of '63, wish to express our warm thanks to our dependable housemothers.



Mrs. A. Baron, Mrs. C. Turner, Mrs. H. Reed.



The Senior Class of 1963



E. Burford, Treasurer; C. Bos, Vice-President; Mrs. M. A. English, Class Advisor; J. Costantino, President; J. Hooks, Secretary.



BONITA LEE ALVINO "Bonnie" 122 Washington Street Freeport, Pennsylvania



KATHRYN MARIE BLOSE "Kathy"

R.D. 1
Dayton, Pennsylvania



CAROL SILL BOS "Carol" 221 Washington Avenue Oakmont, Pennsylvania



DONNA LEE BOWSER
"Donna"

2219 Silverville Road
Freeport, Pennsylvania



JUDITH ANN BROZENICK "Brozie"

Box 42
West Winfield, Pennsylvania



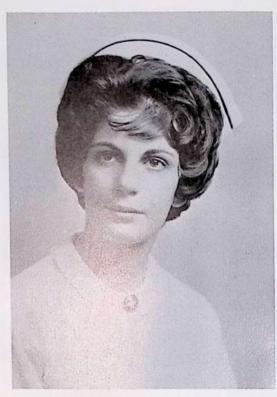
EDNA IONA BURFORD
"Eddy"

R.D. 3
Ford City, Pennsylvania



FRANCES JEAN CHESARO
"Jeanie"

107 Brackenridge Avenue
Brackenridge, Pennsylvania



JUDITH ANN COSTANTINO
"Judy"
307 First Street
Leechburg, Pennsylvania



SANDRA LEE CRIBBS "Sandy" R.D. 1 Sarver, Pennsylvania



NANCY LEE CUFFIA "Cuff" 345 Penn Avenue Leechburg, Pennsylvania



JUDY DANIK
"Danik"

212 Third Avenue
Freeport, Pennsylvania



DOROTHY ELLEN DUFFEE "Dot"
Ridgeway, Pennsylvania



SANDRA KAY EDWARDS "Sandi" 849 Seventh Avenue Brackenridge, Pennsylvania



CAROL ANN FAWCETT "Carol"

913 Highland Avenue Springdale, Pennsylvania



VIRGINIA ANNE GAMBLE "Ginny" 112 Tenth Street Aspinwall, Pennsylvania



JUDY ANN HOOKS "Hookie" R.D. 1 Adrian, Pennsylvania



JULIA MARY HORTERT "Julie" 311 Hickory Street Butler, Pennsylvania



JUDITH ANN KIER
"Judy Ann"

1066 Roup Avenue
Brackenridge, Pennsylvania



BONNIE JEAN LEIDY "Bonnie" 478 Nimick Street Sharon, Pennsylvania



MADYLIN LOU LONG
"Mady"

106 Northern Avenue
Kittanning, Pennsylvania



JOYCE ANN McNEEL "Juice" 204 High Street Freeport, Pennsylvania



ELIZABETH LOUISE OLIJAR
"Liz"
3053 Fairway Street
Lower Burrell, Pennsylvania



JO ANNE CLARA ONOFER
"Onie"

406 Marion Street
Creighton, Pennsylvania



MARCELLA IRENE POPOVICH
"Marene"

124 Lincoln Avenue
Leechburg, Pennsylvania

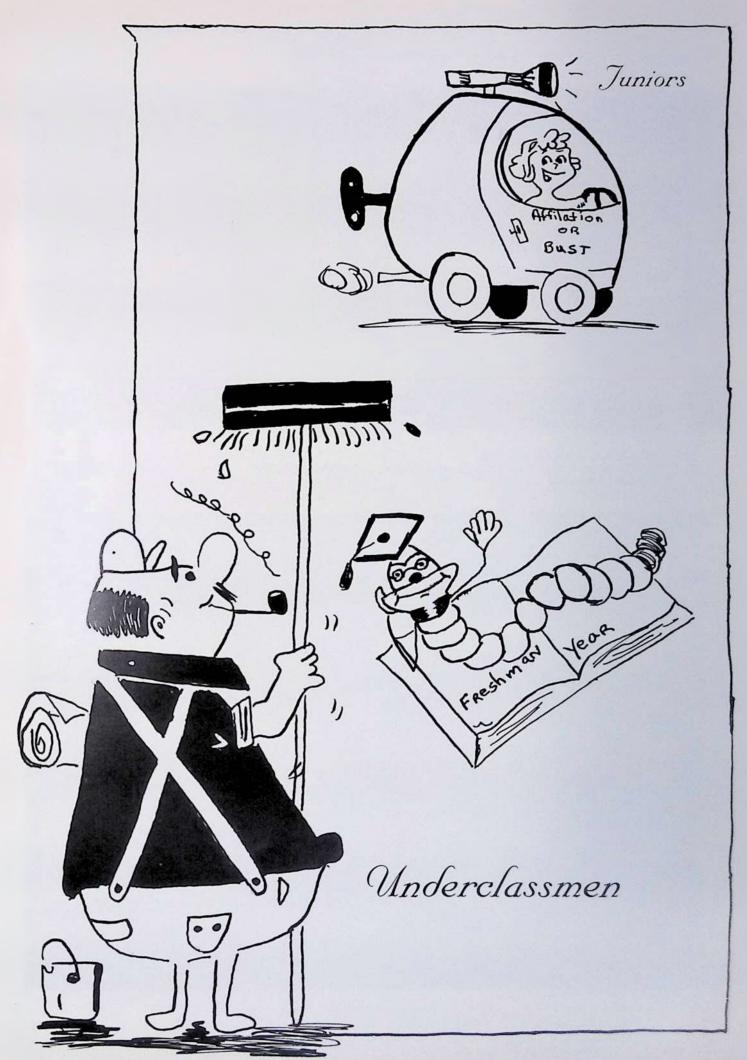


PENNY LOU SPIRES "Pen" 271 North Brady Street Blairsville, Pennsylvania



EVELYN ANN YEZEK
"Baby Evie"

906 West Main Street
Mount Pleasant, Pennsylvania



Junior Class



STANDING: Mrs. E. Karrs, Class Sponsor.
SEATED: D. Zawodniak, Vice-President, D. House, President, J. Haracznak, Treasurer,
S. Hagaman, Secretary.

The black corner stripe on our cap identifies the members of the Junior class. They continue to be busy learning new aspects of patient care and much of their year is spent away from "home" studying nursing problems in pediatrics and psychiatry. At the completion of the year they will receive their black band, which signifies the beginning of the senior year.



FIRST ROW: C. Recupero, L. Kells, A. Stebick, A. Petroff, J. White, B. Ray.
SECOND ROW: G. Willis, J. Kipp, K. Serene, J. Zimmerman, C. Pitsch, P. Rugini.
THIRD ROW: J. Kelly, C. Czapor, D. Zawodniak, S. Hagaman, S. Schrecengost, J. Haracznak, M. Malits, D. House, M. Simpson.

Freshman Class



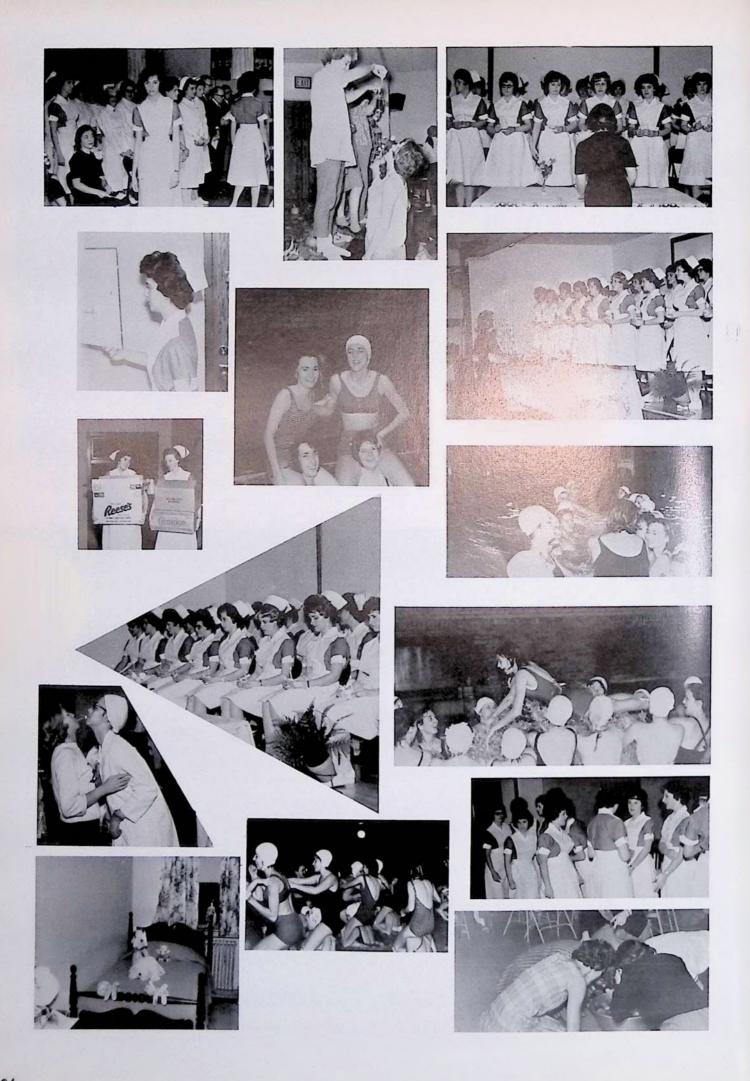
Our Freshman Class, starting on their chosen career, is studying and working to gain the knowledge, experience, and understanding needed to reach their goal. These girls have the love, enthusiasm, and faith necessary to succeed and will be a blessing to those who need them.

SEA ED: L. Gray, President, Mrs. D. Dvorak, Class Sponsor, S. Buck, Vice-President. STA DING: G. Schaeffer, Treasurer, D. Berrang, Secretary.



FIRST ROW: C. Pontremoli, J. Crose, P. Plyler, S. Hoover, E. Grantz.
SECOND ROW: K. Pracko, S. Buck, J. Demharter, C. McNeel, D. Smith, M. O'Brien, B. Lloyd, K. Wilson.

Wilson.
THIRD ROW: G. Schaeffer, D. Berrang, C. Olijar, K. Colin, C. Barrett, M. Guerrieri, L. Gray.
FOURTH ROW: Mrs. D. Dvorak, R. Wolfgang, K. Cooper, B. Fox, A. Jurasko, C. Rzeczkowski, J.
Gaston, K. Marshall, M. Myers, A. Marshall, J. Moore, B. Rogalski.





1963 May Court



Donna Lee Bowser



Nancy Lee Cuffia



Virginia Anne Gamble



Judy Danik

May Dance



STANDING, left to right: Miss Virginia Gamble, Miss Judy Danik.
SEATED: Miss Judy Costantino.
STANDING: Miss Nancy Cuffia, Miss Donna Bowser. Flower girl, Darla Lingelbach; Crownbearer,
Donald Fox.

With the arrival of spring came the biggest event of the year—the annual May Dance. Crowning of the May Queen, Miss Judy Costantino, was the highlight of the evening. She was chosen queen by popular vote for both her personality and her abilities as a nurse. The Queen's court included Misses Donna Bowser, Nancy Cuffia, Judy Danik and Virginia Gamble. The dance which was held in the Nurses Residence, followed the theme of "Moonlight and Roses" on Friday, May 3, 1963.





Student Government



SXAP Mass Meeting











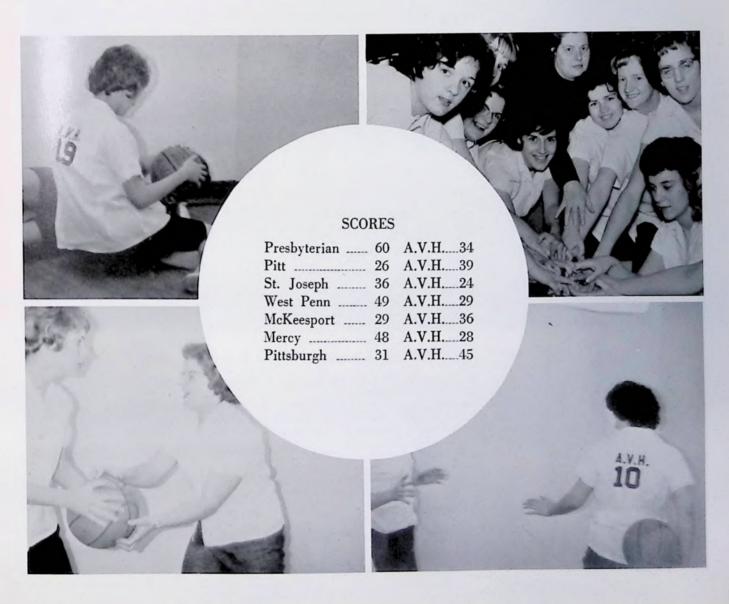
Basketball Jeam



KNEELING: E. Guerrieri, V. Gamble, C. Rzeczkowski, J. Kipp. STANDING: M. Malits, N. Cuffia, J. Danik, J. Costantino, G. Willis, D. Duffee.

Our 1963 basketball team provided us with thrills and excitement which will not be forgotten. Under the direction of Miss Marcella Sypucinski, the team made this a memorable year.

Pictures on this page portray a sampling of their skills.



Choir

Through the singing of melodies, the Junior and Freshman students provide us with much enjoyment. Capable direction is given the choir by Mrs. N. Collie. The choir sings for school functions and social programs in the community. Hard work and long hours go into preparation for their performances. The choir is always a welcome addition to any program.



FIRST ROW: J. Demharter, C. McNeel, S. Hoover, J. Crose, R. Wolfgang, K. Cooper, P. Plyler, C. Barrett, M. Guerrieri, K. Wilson.

SECOND ROW: C. Pitsch, B. Ray, E. Grantz, K. Colin, D. Berrang, L. Gray, C. Rzeczkowski, D. Smith, B. Lloyd, K. Serene, K. Pracko, C. Pontremoli.

THIRD ROW: A. Marshall, B. Rogalski, Mrs. N. Collie, D. O'Brien, J. Moore, C. Olijar, M. Meyer, J. Kelly, J. Haracznak, M. Simpson, P. Rugini, G. Willis, K. Marshall, S. Buck.

FOURTH ROW: C. Czapor, G. Schaeffer, A. Jurasko, S. Hagaman, S. Schrecengost, E. Coll, M. Malits, J. Gaston, B. Fox, D. Zawodniak, J. Zimmerman.



What Is a

Student

Nurse?





Between the innocence of an entrance exam and the dignity of an R.N., there comes the delightful creature called the Student Nurse, S.N.

They come in assorted sizes, weights, and shapes, but they have the same creed—to enjoy every second of every hour of every day off and on duty, and to protest with griping—their only weapon, when their 40 hours are done.











Student Nurses are found everywhere, uncorneath, on top of, or jumping through; or vey can be found swimming from or running ter...

Patients love them, doctors tolerate them, but what protects them?







A Student Nurse is a composite—she has the appetite of a horse, the digestion of an ulcer patient, the energy of a guided missile, the lungs of a switchboard operator, the sharpness of a scalpel, and when she gives an injection, she has five thumbs on each hand.

She likes food (especially Italian style), vacations, affiliations, officers in uniform, certain doctors, working elevators, off duty, and fire alarms.











Nobody is so early to rise and so late to bed; nobody else can cram into one day, five subjects, four trips to the pharmacy, rounds with doctors, polish shoes and still get along with her roommate.









A Student Nurse is a magical creature—you can campus her but you cannot suppress the mischievous streak, she is your personal representative of the hospital, your living example of faith and sympathetic care.









When she becomes discouraged and the bump becomes too heavy, she can remember that; "there is a reward waiting for her because surely God's angels must sometime wear white caps instead of halos and carry medicine trays instead of harps."



To Whom Did We Dedicate?













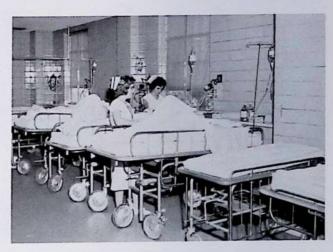
















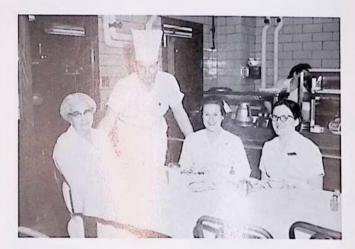










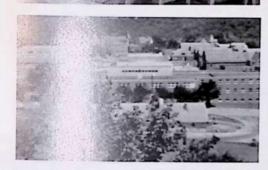














































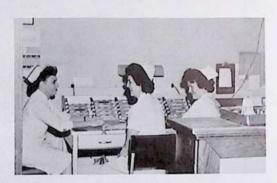


























Yearbook Staff



SEATED: Miss E. Burford, Mrs. E. Karrs, Miss C. Fawcett. STANDING: Miss E. Olijar, Miss J. Danik, Miss N. Cuffia, Miss M. Popovich, Miss P. Spires.

Editor	Carol Fawcett
Co-editor	Edna Burford
Photography Chairman	Judy Danik
Subscription Chairman	
Literary Chairman	Marene Popovich
Typing Chairman	
Artist	Penny Spires
Faculty Advisor	Mrs. Evelyn Karrs

To Mrs. Evelyn Karrs-

Thank you for your efforts which have made this yearbook possible.

To Colao Studios-

Thank you for your patience and skill in making these photographs possible.

To Mr. Eugene Burke-

Thank you for your assistance and guidance in the making of this yearbook.

Class History

September 14, 1960, reminds us of our arrival as the Class of 1963, to the Nurses Residence of Allegheny Valley Hospital. We hoped that it would be our home for the following three years. Our Big Sisters greeted us officially with a party on our first evening and acquainted us with upperclassmen and faculty. None of us will ever forget that evening. It turned out to be initiation night which included polishing so many white shoes and wearing outfits of Probie bibs, showercaps, and odd shoes. After several days of this, Friday was a joy and we didn't care if Sunday night ever came. The thought occurred to us to give this one more week's trial and maybe come back next year and begin again.

Time passed quickly the first semester and capping was here. How we had prayed for this day! Our parents witnessed the ceremony and were proud of us and our accomplishments.

Our big class project of the year was planning the May Dance which honored our queen, Miss Donna Thimons, a senior student in the class of 1961.

In September we added a small black stripe to the left side of our cap. We felt we were on the way up as now we were officially Juniors. As such, special serves began that summer with the "D.K." and the "O.R." first on the list. We never could keep straight which patient's trays received salt and whose Mayo you couldn't touch!

Later that year we were lost in the hustle and bustle of affiliations. Our class was separated and we looked forward to the day when we would all be back together again to share experiences. One of our greatest joys during these affiliations at Children's and Mayview was that of meeting students from other schools and exchanging ideas.

At a lovely buffet in September 1962 we were honored again, by receiving our Black Bands. These bands distinguished us as seniors and we had a lot to live up to. Inside each band was an inscription of wisdom which was shared by all at the party. The time was growing short for us as student nurses.

Three months of our Senior year were spent in "O.B." We all remember "O.B. Clinic," our first delivery, Mother-Teaching Classes and the Doctor who asked us all those questions we were too scared to answer.

Our sleeping schedule suffered during evening and night duty, but we managed to survive and so did the patients.

The May Dance was really special this year because our own Miss Judy Costantino reigned as Queen. The queen looked radiant amid the decorations and glitter of "Moonlight and Roses."

In June, the Alumnae Association honored us with a dinner-dance at the Country Club. Suddenly we realized that graduation was close, this giving us a tinge of sadness.

During the remaining four months we hurried up and reviewed all the things we had forgotten during the past few years in preparation for our graduate nurse days.

Bast Will and Testament

We, the class of nineteen hundred and sixty-three. being of sound mind, do hereby bequeath the following:

- I, Bonnie Alvino, leave my easy going nature to any deserving Junior.
- I, Kathy Blose, leave my place on the bench at the basketball games to any Freshman who has the spare time to fill it.
- I, Carol Sill Bos, leave my affiliation at Mayview to anyone who can tolerate it.
- I, Donna Bowser, leave to find the punch lines to my many jokes.
- I, Judy Brozenick, will the key to Dennysmill to Chris Olijar, who would like a conducted tour.
- I, Edna Burford, leave to make rounds with the doctors.
- I, Jeanie Chesaro, will all my wonderful experiences in New York City to Gloria Willis, Judy Kipp, and Marge Malits.
- I, Judy Costantino, leave my glasses to anyone who will wear them-I won't.
- I, Sandy Cribbs, leave my tendency toward obesity to Judy Haracznak.
- I, Nancy Cuffia, leave my ability to be so coordinated to Carole Rzeczkowski.
- I, Judy Danik, leave my ability to stay up late and discuss philosophical topics to Cheryl Pontremoli.
- I, Dorothy Duffee, leave the piano in the recreation room to Arlene Marshall.
- I, Sandi Edwards, leave my soft, low voice to Karen Pracko.
- I, Carol Fawcett, leave my quiet ways to Donna Zawodniak.
- I, Judy Hooks, leave my sense of humor to Judy White.
- I, Ginny Gamble, leave my ripped bathing suit to anyone who likes to swim freely.
- I, Julie Hortert, leave the fact that there are filters in the dryers to be used.
- I, Judy Kier, leave my sense of humor to anyone who can keep it for three years.
- I, Bonnie Leidy, leave my artistic ability to Sue Hagaman.
- I, Madylin Long, leave my careful handling of O.B. emergency drugs to Cherie Pitsch.
- I, Joyce McNeel, leave my site of injection to Mrs. Slomka.
- I, Elizabeth Olijar, leave my sister behind.
- I, Jo Anne Onofer, leave an appendectomy to anyone who wants two weeks vacation.
- I, Marene Popovich, leave all the fish I caught in Erie to any avid fisherwoman at A.V.H.
- I, Penny Spires, leave one dozen left handed gloves to Mrs. Bogan; size 5.
- I, Evelyn Yezek, leave my swimming ability to B. J.

As a class we hereby leave the following:

To the Juniors, one more year to go. LOTS OF LUCK.

To the Freshmen, patience, tolerance, understanding, endurance, and the will to continue in nursing.

To Mrs. English, our class advisor, our thanks for a job well done.

To the Faculty, a year's supply of tranquilizers and memberships to the Y.M.C.A.

TThanks to Miss S. Coll for providing transportation to the basketball games and working evenings and nights.



H - Miss Harvey who has been our clinical instructor for three years.



A - Advisor, Mrs. M. A. English.



N- Nights and evenings Mrs. I. Esler spent working with us.



K- Mrs. E. Karrs, our yearbook advisor.



S - Sincere thanks to all from the class of 1963.

Patrons

Doctor Marcus T. Allias Doctor and Mrs. John Allman Mr. and Mrs. James Alvino Miss Margaret L. Anderson Doctor and Mrs. W. R. Balash Doctor and Mrs. Frances X. Bauer Mr. and Mrs. John Bissell Mr. and Mrs. Stanley Blose Mr. and Mrs. John Bologna Doctor and Mrs. P. G. Bovard Doctor and Mrs. D. F. Brady Doctor J. M. Brandon Mrs. Evelyn Broznick Mrs. Hazel Bouch Mr. and Mrs. Lester Burford Doctor and Mrs. A. B. Carlaccini Mr. and Mrs. William E. Caugherty Doctor and Mrs. Frank L. Ceraso Mr. and Mrs. Fred W. Chesaro Mr. and Mrs. Regis Colin Miss Sue Ann Coll Mr. and Mrs. James Cooper Mr. Walter Cooper Mr. and Mrs. Logan Cribbs Mr. and Mrs. Wendel Danik Doctor and Mrs. S. H. DeBlasio Doctor and Mrs. G. F. Edmonston Mr. and Mrs. Richard A. English Mr. and Mrs. Walter S. Fawcett Doctor and Mrs. A. M. Fetchko Doctor and Mrs. Hymel Fishkin Doctor and Mrs. Charles F. Fox Mrs. Laura G. Furer Doctor and Mrs. George Gleason Doctor and Mrs. J. E. Harenski Miss Ivy Harvey Mr. Roy Henry Mr. and Mrs. Lawrence C. Hicks Mr. and Mrs. Fred Hortert Doctor and Mrs. H. Dev. Hotham, Jr. Doctor and Mrs. G. A. Jacques Mr. and Mrs. John B. Karrs

Evelyn V. Kelly Mr. and Mrs. Williard Kelly Doctor and Mrs. E. A. Kennerdell Mr. and Mrs. Howard S. Kier Doctor Richard E. Lace Doctor and Mrs. Richard A. Leydig Liberty Mirror Division Mr. and Mrs. Paul Lonigro Mr. and Mrs. David H. Long Mrs. Bessie A. Marino Mr. and Mrs. J. E. McCormick Mr. and Mrs. Earl L. McGraw Mrs. Theresa McNeel Doctor and Mrs. J. H. McQuade Doctor and Mrs. S. J. Miller Doctor and Mrs. D. W. Minteer Doctor and Mrs. C. H. Moore Doctor and Mrs. F. J. Muchlado Mr. and Mrs. Donald E. Oberg Mr. and Mrs. Anthony Olijar Mr. and Mrs. Joseph Onofer Doctor and Mrs. B. J. Owczkowsky Pennsalt Chemicals Corporation Doctor and Mrs. William J. Petitto Pittsburgh Plate Glass Company Mr. and Mrs. Paul M. Popovich Doctor and Mrs. August A. Pugliese Mr. Vincent J. Roll Doctor and Mrs. Clark T. Rollins Mr. and Mrs. Donald M. Rolston Doctor and Mrs. D. H. Schaub Doctor and Mrs. George R. Scheid Doctor and Mrs. J. E. Scheid Mr. and Mrs. Paul J. Spires Mr. and Mrs. J. W. Stephenson Mr. and Mrs. G. D. Stuart Doctor and Mrs. H. A. Weisenbaugh Doctor and Mrs. R. A. Wilson Doctor and Mrs. R. M. Yanchus Doctor and Mrs. J. L. Young Mr. and Mrs. John F. Zimmerman

