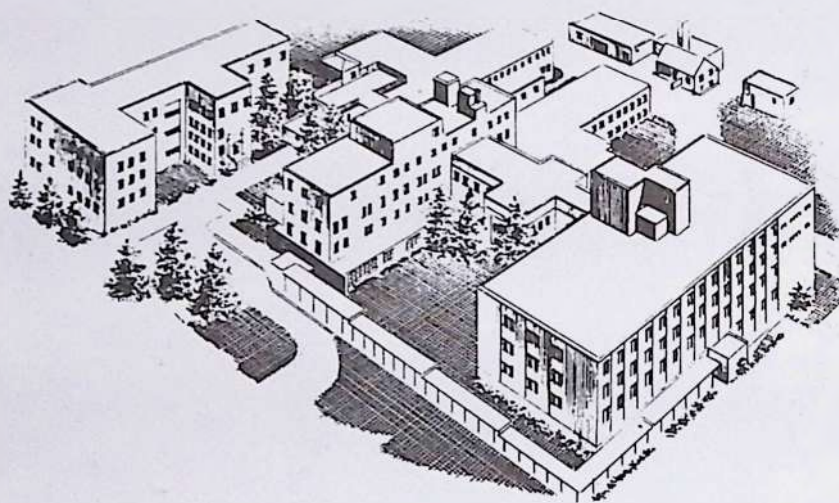




73



Allegheny Valley
Hospital





JANET LOUISE BEALE

"Faith is the substance of things hoped for, the evidence of things not seen."



KANDACE LEI ANN BOWSER

"One learns in life to keep silent and draw one's own confusions."

Cornelia O. Skinner



ALICE JANE BURNS

"The clouds that appear darkest in the distance, are those the wind blows away."

FRANCES BURLANDO

"How beautiful a day can be
when kindness touches it."



LINDA CINPINSKI

"Live each day to the fullest
then you can look forward with
confidence and back without
regrets."

BEVERLY JEAN COULTER

"The only limit to our
realization of tomorrow will be
our doubts of today. Let us
move forward with strong and
active faith."

F. D. Roosevelt





DEBORAH ANN CULBERTSON

"If you find a path with no obstacles, it probably doesn't lead anywhere."

Ferland A. Clark

KATHYRN JANE ENTERLINE

"Every man has to seek in his own way to make his own self more noble and to realize his own true worth."



JEANNE ESSNEY

"I like trees because they seem more resigned to the way they have to live than other things do."

SUZANNE JANE FUSCO

"Experience is not what happens to you; it is what you do with what happens to you."



DEBORAH ANN GAMBLIN

"There is a land of the living and a land of the dead, and the bridge between is love."
Thornton Wilder

ROBERTA LYNN KNUPP

"Conscience is the inner voice that warns us somebody may be looking."





KAREN ANN KROMKA

"People live from day to day
but they do not count the time;
They don't see their days
slipping by-and neither do I."
James Taylor

BONNIE ANN KRUKOWSKI

"A thing is funny as long as
it is happening to someone else."
Will Rogers



JUANITA LUNDIE

"Still have something to pursue,
something which you wish
you knew."
Edgar Guest

SHERRY LEE MATCHUM

"Tis what I love that
determines how I love."



JANE MILLER

"There is no cure for birth
and death save to enjoy the
interval."

George Santayana



DARLENE ANN MITCHELL

"Happiness is as a butterfly,
which when pursued, is always
just beyond your grasp, but
which, if you will sit down may
quietly alight upon you."





ELIZABETH MYERS

"The best is always kept upon
Life's topmost shelves,
but not beyond our reach if we
will reach beyond ourselves."

DONNA PENCE

"Some men see things as they
are and say, why.
I dream things that never were
and say, why not."



MARY ANNE SHOWERS RAY

"Diamonds and jewels are not
gifts; They are apologies for
gifts. The only true gift is
a portion of oneself."

CHERYL DIANE REED

"No one knows what he can
do till he tries."
Latin Proverb



ROSEMARY LOUISE ROLAND

"Others are others, I am I."

SUE ELLEN SHRECKENGOST

"The days that make us happy
make us wise."





CAROL ANN ZARGO SIVERLING

"What lies behind us and what lies before us are tiny matters compared to what lies within us."

VAUNDA SMITH

"Learn to forgive yourself for your faults, for this is the first step in learning to forgive others."



PAMELA SORISIO

"Happiness is not a goal, it is a by-product."

SHARON MARIE STEFFEN

"Tomorrow-----
See the things that never come;
Today."

Neil Young



CELESTE VASCIK

"Listen to those whom the world
may consider uninteresting,
for each person has, in himself,
something of worth."

DEANNA TRUMBULL

"A little nonsense now and
then is relished by the wiseest
men."





VICKIE WADDING

"That which we are, we are..."
Alfred L. Tennyson

CATHI WILLIAMS

"Be careful. Strive to
be happy."



DEBORAH ROSE ZAGST

"We do not remember days,
we remember moments."
Cesare Pavese







Where's my suitcase?



Male repro forever!

CANDIDS OF OUR CLASS

"Mmmmm, what a great feeling!"



"My group had 43% fewer cavities by chewing Milk Bones!"



"Who the hell yelled 'Showers'?"





"Do you want gas before or after the baby?"



Security is a student nurse's teddy bear.



"I tried it and I liked It!"



"Another sticky meconium!"

"It's on the tip of my tongue and I just bit it off!"





Too bad T.A. isn't here this Christmas to fill her role!

"Bend and stretch and reach for that mistletoe!"



"I forget how that song starts!"

"Gee, I thought only God could make a tree."



Look's like Santa's on his morning "rounds"... 'round this curve 'n' 'round that curve!



"Would you say that this goes to the proximal or distal branch?"

"I'm a 'horny' li'l devil!"



"Would you believe Jack got a crewcut?"



"Look, I found a U.F.O.!"



"My inner cannula is falling out."



"Steffen, you think you have problems?"



"Would you repeat that please Dr/ Fishkin?"

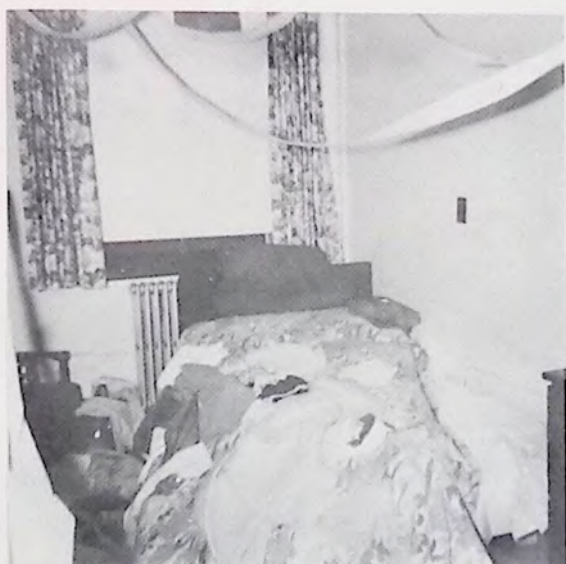
"Now I'll be sure to get to
bed on time."



"Who stole my underwear!"



"You didn't have to clean my
room, Jerry!"



Hitch'n a ride.



When you're down and troubled and you
 need a helping hand,
And nothing, nothing is going right,
Close your eyes and think of me and soon I
 will be there
To brighten up even your darkest nights.
You just call out my name and you know
 wherever you are
I'll come running to see you again.
Winter, spring, summer or fall, all you've
 got to do is call,
And I'll be there you've got a friend.
If the sky above you should grow dark and
 full of clouds
And that old North Wind should begin to
 blow,
Keep your head together and call my name
 out loud.
Soon I'll be knocking upon your door.
Ain't it good to know that you've got a
 friend.
When people can be so cold,
They'll hurt you and desert you.
They'll take your soul if you let them,
 But don't you let them.

Carole King

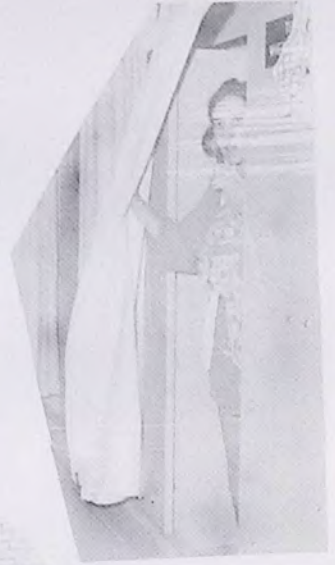
AS WE REMEMBER HER —



KATHY INGLESE

The story of a love is not
important - what is important is
that one is capable of love. It
is perhaps the only glimpse we are
permitted of eternity.

Helen Hayes







OH, FOR
THE LIFE...

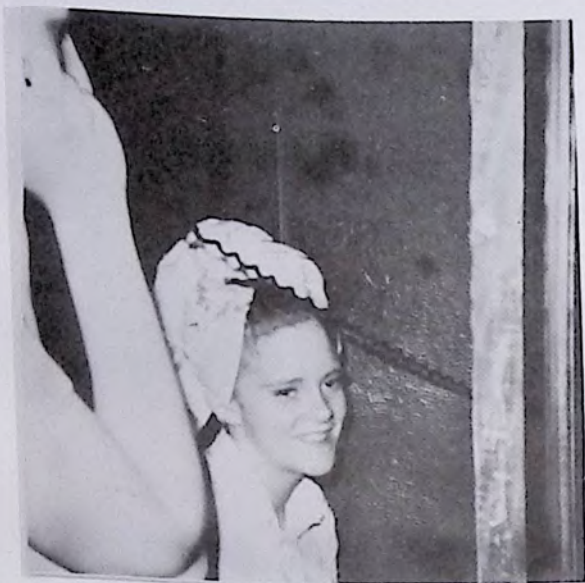


... OF A
STUDENT NURSE









He told me I look beautiful.



The head bone's connected to the toe bone....



Celebrate, celebrate,
Dance to the music.



Only her hairdresser knows
for sure.



"What do you mean your name's Raymond?"



"Did someone yell, 'man on the floor'?"



"It tickles the whole way down!"



"Scared you, didn't we!"

THE 1973 CHAMPS



"Oh, it's beer, beer, beer
that...."



"Sutures!"



"We are the girls that the
balls bounce more for."



"We're number one?"



Superstar!



The Bench Warmers!

Basketball Scores

AVH	47	St. John's	11
AVH	41	Citizen's	23
AVH	31	Citizen's	22
AVH	52	St. Francis	26
AVH	56	St. John's	21
AVH	50	St. Francis	26



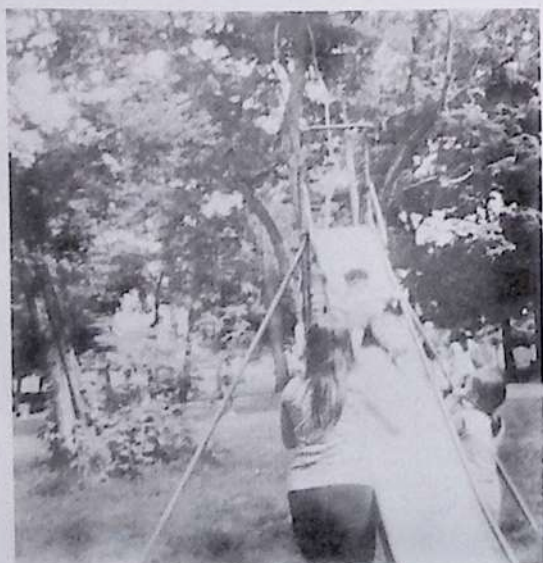
"I'll take one ham and cheese
on rye."



"Did she say what I thought she said?"



"My mom did tell me to bring my goulashes."



"I'll betcha can't get me 'Pam'!"



"I'd rather not go swimming since I didn't bring my bikini!"



"The last one down the sliding board is a rotten egg!"



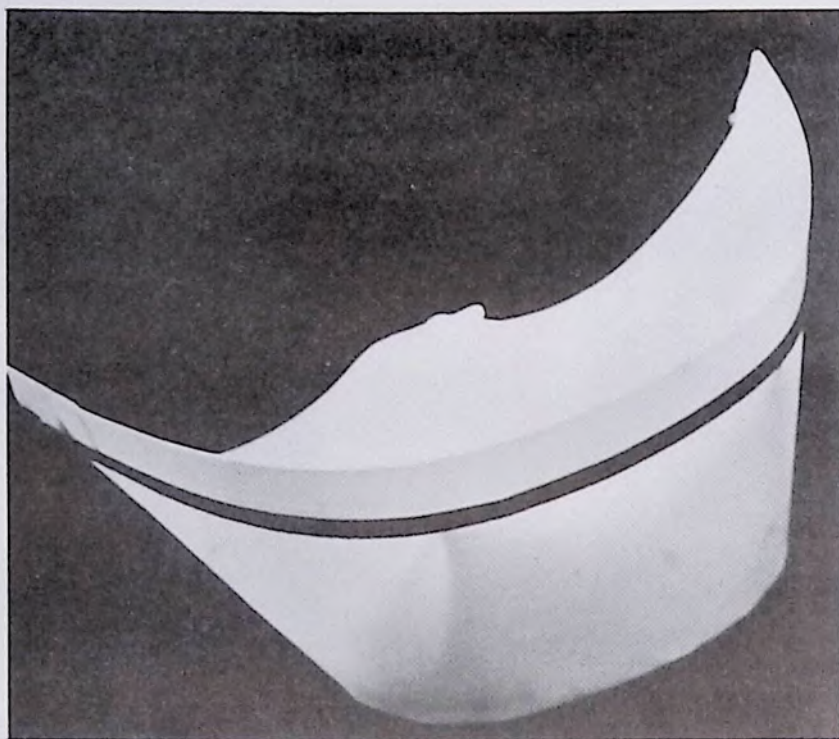
"I wish those girls would hurry up so we can use the sliding board."



"Not here, Matthew!"



"Don't look now, but I think I see a snake!"



BLACK BANDING CEREMONY JUNE 21



Class colors

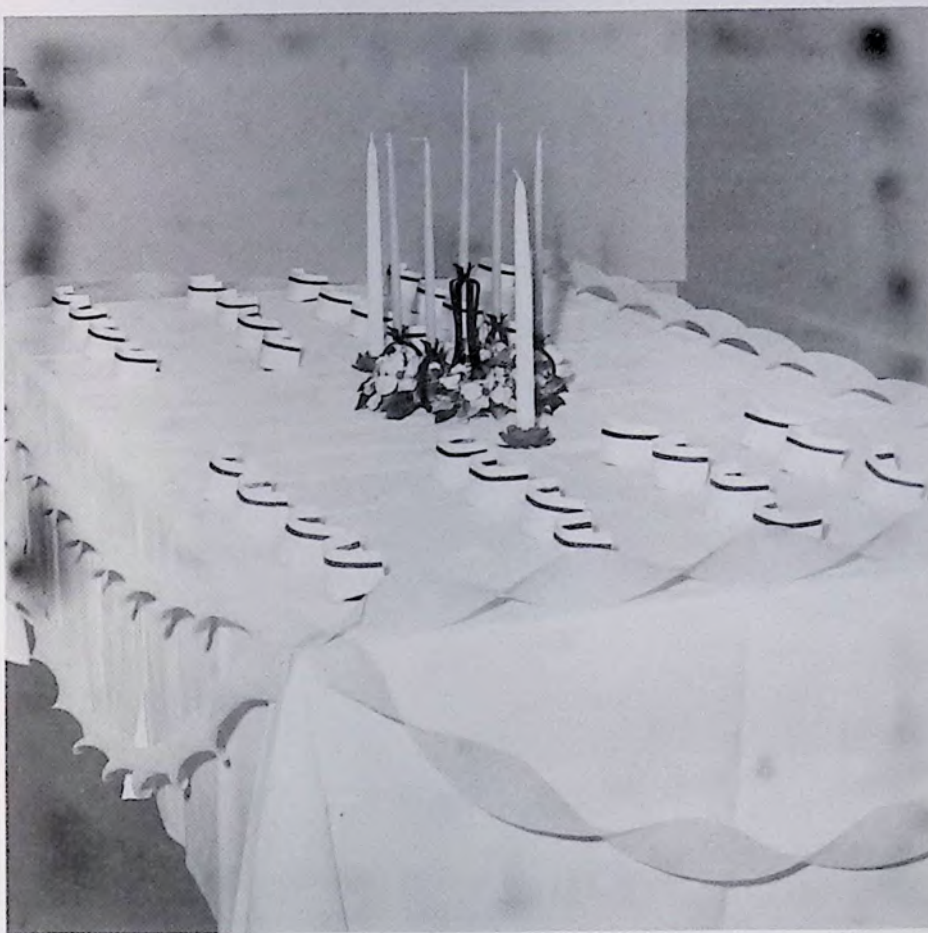
Purple and lavender

Class flowers

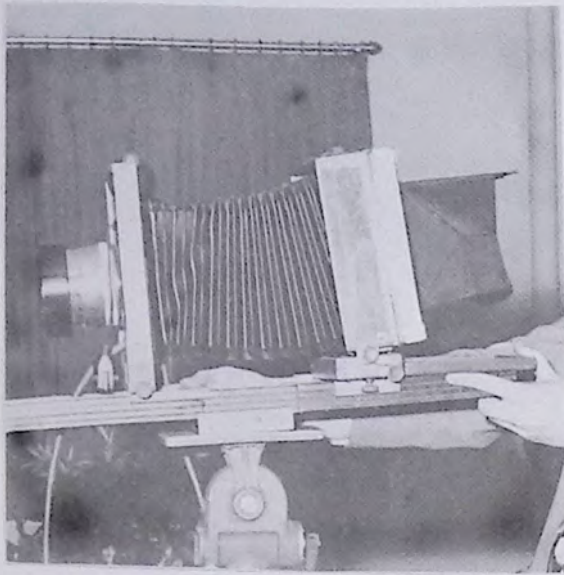
Violets and
lavender carnations

Class advisor

Mrs. Donna Vargo



"Begin to be now
what you will be
hereafter."



REMEMBER WHEN:

Brain's Song was on. Twice!!.....Robbie jumped on Culbertson's bed and broke it!.....Darlene had her room demolished.....we used to go bowling with the pop bottles on the 3rd floor.....Steffen threw up in her patients bathroom.....Vickie charged 10¢ admission for a funfilled evening out on the roof.....Susie sent the 4-piece instrument set down the tubes in a Hefty garbage bag.....the buckets would clang at 7:30 and you didn't have class till 10:30.....





.....The operator called for someone who had talked 30 mins.
overtime, but was told no one was around.....Bonnie and Rob blew
a fuse at Mayview.....Gamblin threw up on a certain car.....Carol
and Mary Anne took a B/P and found out later the guy was a doctor.....
The whole class didn't make it to class after Easter vacation.....
Kromka was going to give Mylanta I.M.....Time really flew by in
Psych and soc.....We had a Prowler enter the residence.....





.....The whole class reported for work after the night before....
 We were scared of Mayview.....Every Wednesday we'd watch Joe.....
 Zanos was here.....Vicki passed out on 2-E, 2=A, the O.R.....
 We were motivated.....We had Dr. Bicknell and Mr. Johnson.....
 We first heard Carol say, dollars.....There was only one engaged
 girl in the class.....Dr. Danowsky was our hero.....The class took
 "trips" to Dr. Gillinger's officeProfessional was the word.....





.....Food was disappearing in the cafeteria right before our eyes.....Mail was delivered in Chemistry.....Carolyn's patient had two 99's in the O.R., and she didn't know it!.....Kromka and Carolyn tried to put isolation bags in the boiler room out in the alley.....We had our Freshman "goody, goody" parties.....We couldn't wait to be Seniors!.....Bonnie's bed hid.....Jeanne was shy..... We had 10 o'clocks.....Darlene's wig blew off down the alley.....





.....Rose unpacked the suitcase in L&D.....Darlene didn't want to go out with Jim.....Debbie Zagst asked Dr. Edmonston what a pessary stem was, and he said, "It is implanted with Martian sperm and I'm going to start a new race".....Rolly came home and surprised Jane.....Deanna had soap injected into her orange.....Cheryl's mother had a baby.....We got 15 girls in the phone booth.....We were all going to quit.....Mrs. Vargo got married.....The food was on the window sills





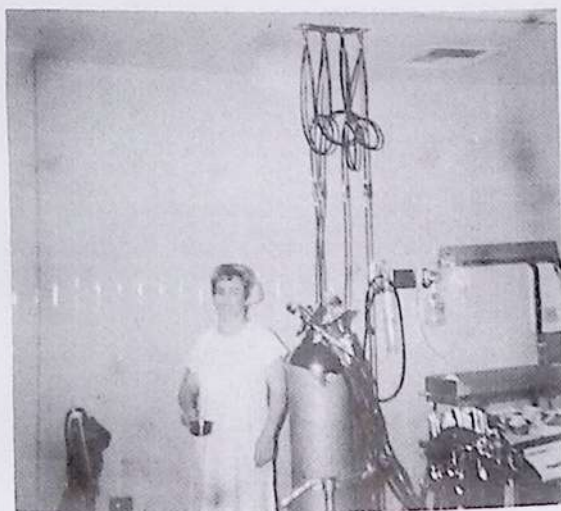
.....We delivered Donna's ugly baby in O.B.....A certain

.....We delivered Donna's ugly baby in O.B.....A certain instructor at Mayview lectured on sex and "beware of men".....We left Mayview early, because of the floods.....Mrs. Bogan would hide when Dr. Fishken came around.....Horace was here....."Our car" contemplated playing Chinese Fire Drill on the way home from Mayview..... Norman's little red wagon.....The Fort Pitt Union Tunnels.....We slaved to finish the memory book..... THE CLASS OF 1973!!!!!!!!!!





"You wanna French?"



"Oh, Merciful Mother!"

SNAPSHOTS



"My girdle is killing me!"



One ringy-dingy, two ringy-dingy, three ringy dingy..



"Oh, for the life of a doctor!"

OF THE CRACK POTS



"Let us pray."



"A mouse!"



I knew you could do it Donna!



Debbie Zagst
escorted by Chuck Virag

Darlene Mitchell
escorted by Jim Elash

Beverly Coulter
escorted by Rich Kelso

Linda Cinpinski
escorted by Tom Trunzo

Queen Robbie Knupp
escorted by Joe Mirisciotti

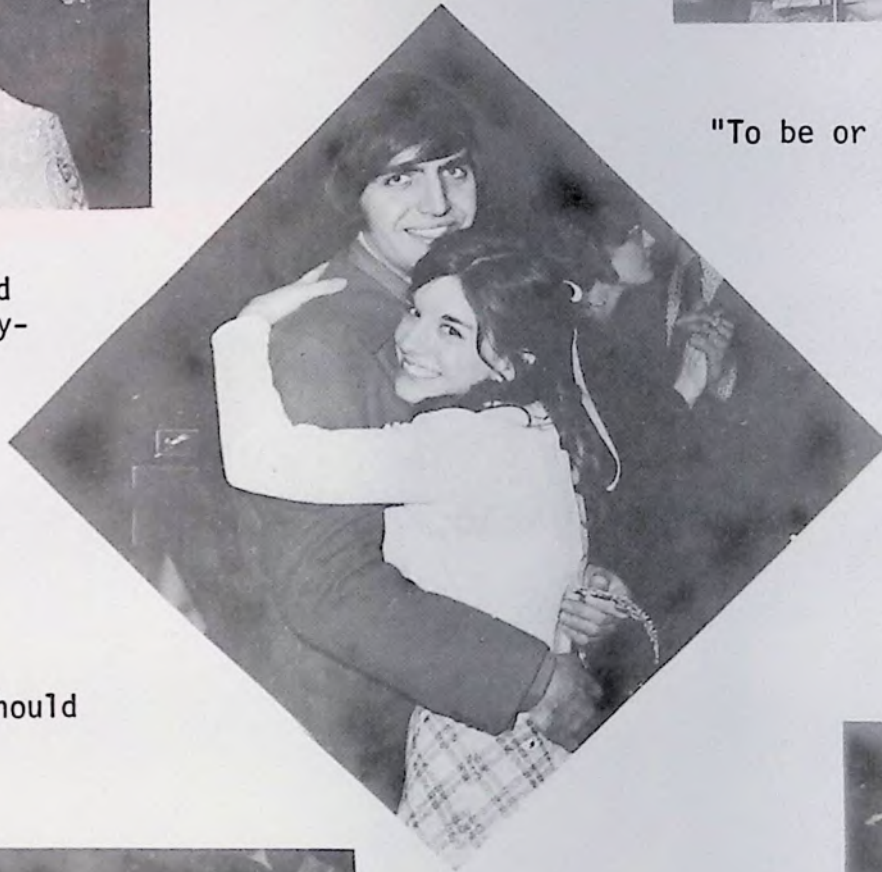




"Blow in my ear and
I'll follow you any-
where."



"To be or not to be....."



"I think we should
leave now."



"How about a
little soft shoe."







"Thank goodness this
dance is almost over!"



"I'd rather listen to
the Stelazine Seven."



"Lawrence Welk could do
better than that."



In the booth, in
the back, in the
corner, in the dark.

OUR LAST WILLS AND TESTAMENTS

- I, Janet, leave my food drawer to anyone whose mother can keep it as well stocked.
- I, Donna, being of clear mind and courage, will my strength to endure nurses training to anyone who thinks they can hack it.
- I, Jane, being of goofy mind and uncoordinated body, will my ability to graduate to my little sis, Margie, in hopes that she can do it with a few less frustrations.
- I, Cheryl, being of sane? mind and tired body, will my ability to withstand the anxiety and frustrations of nursing school to anyone who needs it.
- I, Vickie, will my nerve to get up and walk out of class to anyone who hates overtime.
- I, Deanna, will my mouth to anyone who likes a little foot now and then.
- I, Vaunda, will all my helpful hints to anyone who wants to know how to say nothing without even trying.
- I, Celeste, will my flowered jeans to anyone who wants to be considered a disgrace in the hospital employees cafeteria.
- I, Nita, leave my ability to scrub in L & D to Bob Kulus.
- I, Susie S., will my ability to walk on ice to anyone who's stupid enough to try!
- I, Linda, will my cobwebs from my mailbox to anyone who gets as much mail as I did.
- I, Francis, leave my position as "old lady" of the class, to the oldest lady of the Jr. class.
- I, Sharon, as my last will and testament, leave my status as G.A. to anyone who is lucky enough to have it bestowed upon them.

- I, Susie F., being of sound mind and body, as my last will and testament, do leave my consistently empty mailbox to anyone else having post office phobic friends.
- I, Bonnie, will my missing bed to anyone who can find it.
- I, Culbertson, leave my outstanding ability in the natural sciences to any freshman that came from a "hick" school.
- I, Kathy E., will my bandage scissors to anyone that can find them.
- I, Mary Anne, being of sound mind and body, do hereby will the planning of my wedding, with all its hassles, to anyone who is courageous enough to get married in their Sr. year.
- I, Karen, leave all my exciting and fun-filled evenings here to anyone who is deserving of them.
- I, Bev, will my amibidexterity to anyone who has two left hands.
- I, Rosemary, being of sound mind and body do hereby will to any Jr. all my second floor phone calls.
- I, Kandy, leave my 7 blue uniforms to the housekeeping dept.
- I, Carol, being of sound mind and body, as my last will and testament, leave all the headaches, responsibilities, and heart-aches of being class president for three years to anyone brave and dumb enough to accept them.
- I, Darlene, leave my trusty little green coffee pot to all those who will need it.
- I, Debbie G., will all the courage, frustration, and patience to any person who can be engaged from the beginning of training to the end, without getting married.
- I, Alice, leave my skills at basketball to the other "Bobbsey twin" LuAnn; and fun at Freeport Park to Joh, Jack, and Joy.
- I, Sherry, will Dr. Schied's knife blade to my little sis, Andrea Canestrone; and Mrs. Bogan's affect to Joan Mongelluzzo.
- I, Robbie, will my ability to go through two years of training without an alarm clock and without being late, to whoever has a "Bonnie" to wake them up every morning.
- I, Cathi W., will my indecisiveness to Joan Mongelluzzo.
- I, Debbie Z., leave my O.R. experiences with amputations to Mrs. D. Vargo.

We, the class of '73 leave to those who follow our footsteps, our footsteps!

FROM A MAYVIEW PATIENT,
TO A STUDENT NURSE

That the student nurse, I love the student nurse that's
usually with me.

Is that we were bowling and in the gym.

In here how they were kind to by appraising the patients.

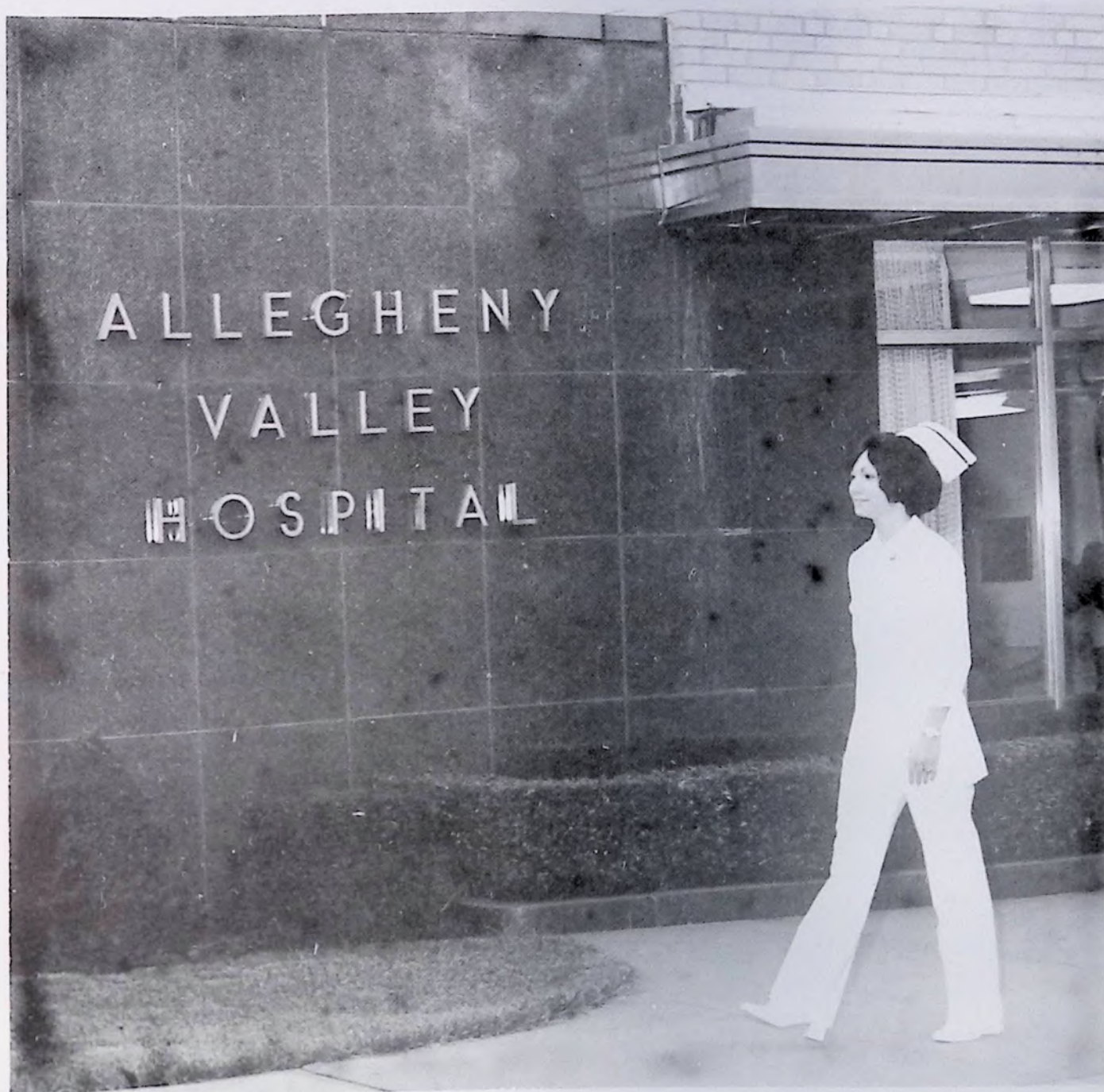
And helping be interesting in the patients.

And that they were greatly benefitting us.

There's good decent nurses that are a respectable toward
us, us toward them.

Intelligent nurses kind to us as we try to be to them.

From a Mayview patient,
3 East Beng's Building



"Because another road is calling,
I'll say good-bye."

Rod McKuen